

2021  
—22



**take a stand  
against family  
violence & abuse**



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## our work

The Calgary Women's Emergency Shelter is focused on ending family violence and abuse in the lives of women, children, youth and men in our community. Since 1974, the agency has helped more than 250,000 individuals build safe lives and healthy relationships by offering various innovative safety, prevention and healing programs. We also help address this serious issue by working collaboratively with other agencies and partners, as well as engaging the community in dialogue about family violence and abuse.

## mission

We are here to support individuals, families, and communities to live free from family violence and abuse.

## vision

A community free from family violence and abuse.

# CEO & president's message

**Kim Ruse**  
CEO

**Shelly Norris**  
President

At the Calgary Women's Emergency Shelter, the past year has once again been a difficult one, for our agency and for our community. COVID-19 became part of our daily lives and has required all of us to change quickly and often. We have needed to be agile, flexible and adaptable. 2021-2022 brought many challenges, but also many opportunities.

The past year has shown the resilience and dedication of our organization as we managed dramatic increases in the volume, complexity and risk of our work. Our passionate and committed team continued to work diligently to ensure the safety needs of those who rely on our services were met. Our programs and services were offered in person and digitally to accommodate the health needs of our community and our clients. The need for supports and services last year significantly exceeded the need in previous years. Our agency, staff and board mobilized to expand our services and programs to meet the increasing need.

Those impacted by family violence and abuse continued to experience increased fear, uncertainty and stress. The physical, mental and psychological health effects of violence during a pandemic are significant and long-lasting. Amid all the uncertainty and anxiety, our clients have had the strength and resolve to navigate and overcome many challenges; moving forward with hope and resilience.

As we look ahead, as unknown as it may seem amid the constant fluctuations, we are hopeful and optimistic. We continue to look at innovative ways to provide our services and reach out to our community, as well as engage with our partners to help prevent family violence and abuse. As needs change and the complexity of the issue increases, we will continue to adapt.

Family violence and abuse affects all of us. Together, we can all Take A Stand and be part of the solution. We will remain visible and active in the community to continue to change the conversation, and make a difference in the lives of the many individuals and families we serve.

The community has always supported the work of our agency and for this we are grateful. Thank you for continuing to help us achieve our vision of a community free of family violence and abuse. With the continued support and engagement from our funders, donors, partners, supporters, board and staff, the Calgary Women's Emergency Shelter remains a symbol of safety and hope, providing support during dangerous situations and in crisis.



# programs & services

We play an important role in the daily lives of families and individuals impacted by family violence and abuse in our community. Our counsellors and staff are on the front lines to provide safety and hope through various innovative programs and services.

## 24-hour family violence helpline

Crisis counselling, information and referrals for anyone needing support with family violence and abuse.

## emergency shelter

A 50 bed secure shelter for adults who identify as women, with or without children, who are fleeing family violence and abuse.

## child, youth & family program

Counselling for children and their parents, when there has been family violence and abuse in the home.

## court program

Help with navigation of the court system, for anyone who has experienced family violence and abuse and identifies as a woman.

## community services counselling

Short and long-term counselling, support, information and referrals for anyone who has experienced family violence and abuse in Calgary and the surrounding areas.

## healthy relationships program for youth

Individual and group counselling for youth who have concerns about their close relationships.

## men's counselling service

Individual and group counselling for anyone who is concerned they have been abusive to their loved ones.

## take a stand — a community capacity building initiative

An educational program designed to help informal supporters (family, friends, neighbours and colleagues) provide helpful responses to people who are experiencing family violence and abuse.

For more information about our programs & services: [calgarywomensshelter.com](http://calgarywomensshelter.com)

# year in review

In 2021–2022, we supported more than **20,600 individuals** to build safe lives and healthy relationships

**14,846**

calls to the  
**24-hour family violence helpline**

**361** children  
**154** parents

accessed the  
**child, youth & family program\***

\*Includes clients served in the Children's Activity Centre, Family Support Program, and Child and Family Therapy.

**307** women  
**417** children

were supported at  
**the emergency shelter\***

\*Includes the number of women and children served in the Wellness Centre within the Emergency Shelter facility.

**469** women  
accessed the  
**court program**

**1,509** participants  
in the  
**take a stand initiative**

**1,498** women  
**52** men  
accessed the  
**community services counselling program**

**233** youth  
participated in the  
**healthy relationships program**

**632** men  
**148** women  
were helped through the  
**men's counselling service**







# outcomes

**94%**

of women who accessed the **emergency shelter** feel that they are more able to keep themselves and the children in their care safe.

**100%**

of women served through **community services counselling** report they have learned how to keep themselves safe.

**100%**

of women who accessed the **court program** indicate that they have a better understanding of the court process.

**85%**

of parents have seen positive changes in their child as a result of the support they received from the **child, youth & family program.**

**94%**


of youth report they have learned skills to help them build **healthy relationships** through their participation in this program.

**83%**

of men served through the **men's counselling service** report that they take responsibility for their abusive behaviour towards their partner.

**98%**

of **take a stand** participants feel more confident to respond to someone who discloses family violence and abuse, in a supportive, non-judgemental way.



My children and I feel safer and stronger. The support we received has helped us move towards a safer, more peaceful life. I know that if we do face further obstacles, we are more prepared, stronger and knowledgeable of the supports we can access.

~ Nancy

This was the most empowering time of my life, the Calgary Women's Emergency Shelter gave me hope.

~ Rachel

I feel more confident about myself as a father and a partner.

~ Allan

I am thankful that I had somewhere to turn and that I was not alone. The support I received has helped me stay safe and changed my life.

~ Irene

Without the Calgary Women's Emergency Shelter, I would have given up and lost hope. I am very grateful for the positive support, guidance and unconditional warmth.

~ Liz

I felt understood and felt like I could talk about anything.

~ Jesse

## client testimonials

\*Pseudonyms used

# highlights

## Turning Points Virtual Event

In April 2021, we held our first Turning Points Virtual Event. Hosted by Dave Kelly, the evening featured a candid conversation with Cathy Jones previously of *This Hour has 22 Minutes*, as well as an inspiring discussion about family violence prevention with our CEO Kim Ruse, Calgary Police Chief Mark Neufeld, Lana Wells and frontline staff. Thank you to our generous sponsors, supporters and online attendees for making the event a tremendous success, raising \$372,000 in support of the individuals and families we serve in the community.

## Men &

After six years of research and piloting, we launched Men &, the online men's wellness presence and the accompanying men's helpline. This digital resource provides information and support to men at the early stages of their help seeking journey, encouraging them to connect with reliable, positive resources for healthy change.

**Men's Helpline:**  
1-877-327-MENS (6367)  
[menand.ca](http://menand.ca)

## Take A Stand — In New Languages

To help reduce barriers for seeking help, we partnered with ActionDignity to support families and communities to build awareness and improve access through the Take A Stand Cultural Program initiative. This initiative adopts culturally relevant programming by offering training in the first language. Trained facilitators deliver information sessions to groups and organizations from the Filipino, Arabic, Urdu, Punjabi and Hindi speaking communities.

For more information about Take A Stand visit:  
[calgarywomensshelter.com](http://calgarywomensshelter.com).

## Pet Friendly Rooms Dedication

In November, we officially dedicated our pet friendly shelter spaces. Pets can often be a significant barrier to women leaving a dangerous and abusive situation. Victims will delay leaving or may consider returning to their partner because they fear for the safety of their pets. Two rooms in the Emergency Shelter are outfitted to allow residents to bring their pets with them while seeking shelter. The rooms were dedicated in the names of Jasmine Lovett and Aliyah Sanderson, a mother and daughter who lost their lives to violence.



# volunteer program

Although we have not been able to see many of our volunteers in the past year due to physical distancing and gathering restrictions, they have remained an integral part of our agency. We are grateful to this dedicated group of individuals of all ages and backgrounds, who selflessly contribute their time, talents and expertise to help us succeed.

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**155**

volunteers joined us to **Take a Stand Against Family Violence & Abuse.**

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more than

**1,939**

**volunteer hours** of service were contributed last year.

# board of directors

Our Board of Directors is responsible for guiding our organization to fulfill our mission to support individuals, families, and communities to live free from family violence and abuse.

---

Shelly Norris – *President*  
Jason Enns – *Vice President*  
Imran Gulam – *Treasurer*  
John Wilmot – *Secretary*

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Debbie Blakeman – *Director*  
Laura Estep – *Director*  
Rob Imbeau\* – *Director*  
Jason McGonigal – *Director*  
Timothy D. Mitchell – *Director*  
Connie Muller – *Director*  
Dave Newby\* – *Director*  
Ryan Schneider – *Director*  
Suzan Hauszner – *Director*  
Kim Ruse - CEO – *Leadership*

\*Resigned before the end of March 31, 2022.

VOLUNTEER



# community events

Independent special events, or third party fundraisers, big or small, are a very important component of our fundraising activities. Every event held in support of our agency gets us one step closer to achieving our mission to end family violence and abuse. Thank you to the many organizations, individuals and groups who organized fundraising events on our behalf in the past year in support of families in need.

For a list of community supporters, visit the other supporters and events section at the end of this report or visit: [calgarywomensshelter.com](https://calgarywomensshelter.com).

# treasurer's report

This year, the community and the Calgary Women's Emergency Shelter continued to struggle with the impacts of the pandemic, but we also continued to be bolstered by the generosity of our donors and supporters and have been able to offer increased support to meet increased demand for our services. Overall revenue, excluding Government Emergency funding, was up 3%. This, combined with continued focus on managing costs, resulted in a surplus that we will carry forward into the upcoming year, allowing the agency to offer more services as demand continues to rise.

We were also able to invest in our IT infrastructure to allow us to be agile in the current environment, and complete upgrades to the Emergency Shelter facility to ensure it remains safe and accessible to those most vulnerable in our community.

Looking ahead, we are anticipating continued growth in both client needs and the ways in which we will be able to meet those needs. We are investing in our programs and innovative ways in which we deliver them. We appreciate the ongoing support of the community, our donors, and all stakeholders as we continue to **Take A Stand Against Family Violence and Abuse**.

**Imran Gulam**

*Treasurer*

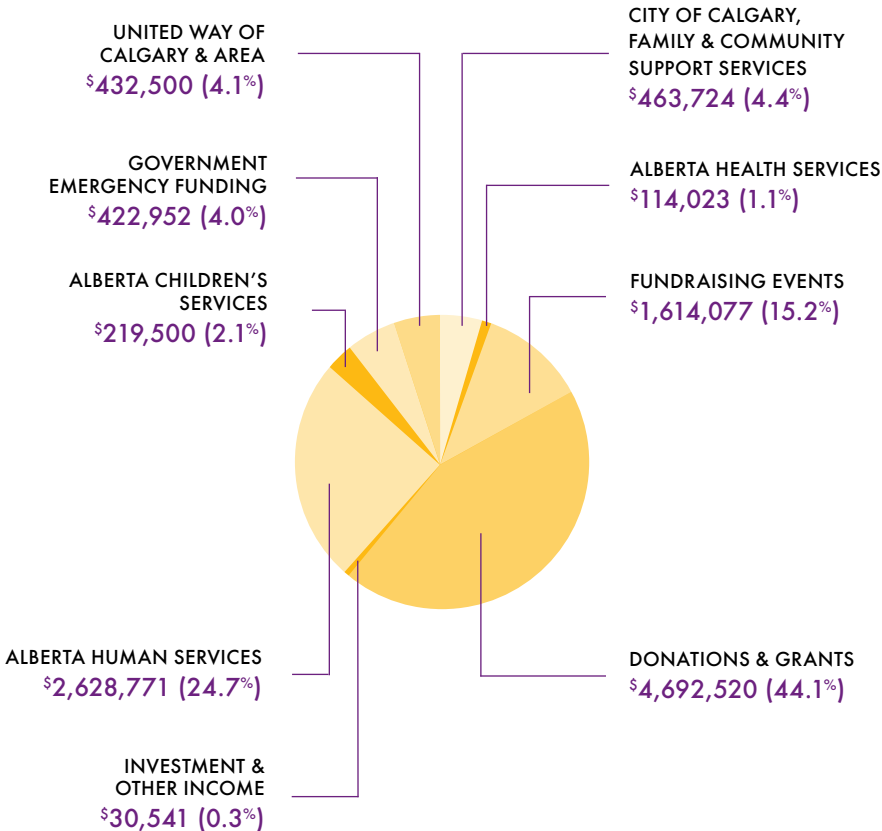
Board of Directors

# funding sources & uses

fiscal period ended March 31, 2022

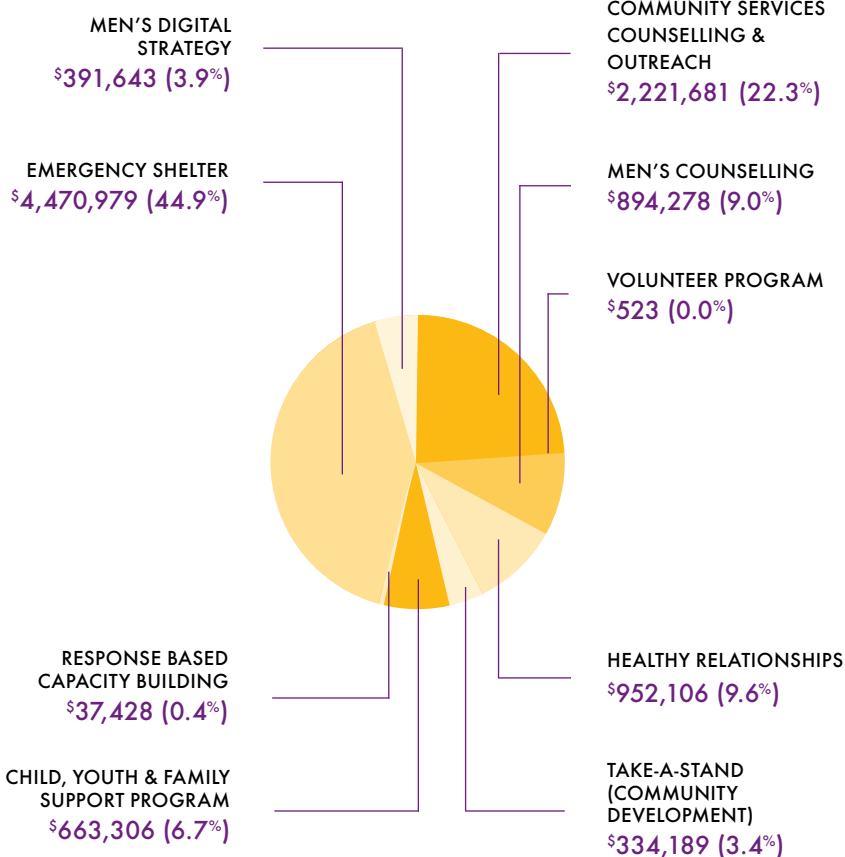
## FUNDING SOURCES 2021–2022

## TOTAL REVENUE \$10,618,609



## FUNDING USES 2021–2022

## TOTAL EXPENSES \$9,966,133





# funders, donors, sponsors & supporters

Thank you to the following funders, donors, sponsors and supporters who **Take A Stand Against Family Violence and Abuse** in support of individuals and families striving to live safer and healthier lives.

During a critical time in our community, your generosity helped those we serve move towards their journey of healing and safety, with hope and dignity.

## FUNDERS

- Alberta Children's Services
- Alberta Health Services
- Alberta Human Services
- City of Calgary, Family & Community Support Services (FCSS)
- Government of Canada
- United Way of Calgary and Area

## CORPORATIONS & ORGANIZATIONS

### PLATINUM \$50,000 +

- Alberta Law Foundation
- AMJ Campbell
- Brookfield Properties
- CTV Calgary - Bell Media
- Enbridge
- Inter Pipeline Ltd.
- Shoppers Drug Mart – Growing Women's Health Campaign
- TC Energy

### GOLD \$25,000 – \$49,999

- Borger Group of Companies
- BP Canada Energy Company
- Calgary Shaw Charity Classic Foundation
- Cask Brewing Systems Inc.
- Olympia Charitable Foundation
- Postmedia
- Royal LePage Solutions/Royal LePage Shelter Foundation
- Suncor Energy Inc.

### SILVER \$10,000 – \$24,999

- Ames Tile & Stone Ltd.
- ATB Financial
- Aviva Canada
- Benevity
- Blackline Safety Corp
- Blythespirit Consulting Inc.
- Brydon Stairs Ltd.
- Burnet, Duckworth & Palmer LLP
- Business Fore Calgary Kids
- Canada Life
- Computer Modelling Group Ltd.
- Enerplus Corporation
- Excel Homes Inc.
- GDI Services (Canada) LP
- Heartland Generation Ltd.
- Mastermind Toys
- Mawer Investment Management
- North River Midstream
- RBC Royal Bank/RBC Foundation
- Saviour Technologies Inc.
- Spruce Meadows Leg Up Foundation
- WILCO Contractors Southwest Inc.

### BRONZE \$5,000 – \$9,999

- AM-GAS Services Inc.
- ATCO Group
- Bar None Ranches Memorial
- Baytex Energy Ltd.
- BMO Financial Group
- Boyden Global Executive Search
- Cabra Consulting Ltd.
- Canyon Plumbing & Heating Ltd.
- Carter Forest Products Inc.
- Cenovus Energy Inc.
- Certarus Ltd.
- COBS Bread Bakery
- Deborah Kowbel Fund
- EFW Radiology
- EnCana Corporation
- Foothills Creamery Ltd.
- Freehold Royalties Partnership
- Gran Tierra Energy Inc.
- Heninger Toyota
- Homes by AVI (Canada) Inc.
- Husky Energy Inc./Husky Group of Companies
- Imperial
- Innovative Numerix Inc.
- Jaguar Land Group Ltd.
- Jayman BUILT
- Joyce Clark Physiotherapy
- Kidco Construction Ltd.

- Lawson Lundell LLP
- Mercuria Commodities Canada Corporation
- NEXUSV Inc.
- PREP Realty
- Raymond James Canada Foundation
- Rife Resources Ltd.
- Righteous Gelato
- Sentinel Storage
- Trail Appliances
- Valentine Group
- Velvet Energy Ltd.
- Viking Landscaping Inc.
- Volker Stevin Canada Ltd.

### DONORS \$1,000 – \$4,999

- 1758997 Alberta Ltd.
- 495327 Alberta Ltd.
- Alberta Roofing Contractors Association Ltd. South Zone
- Allied Contractors Inc.
- Andrew Milne Partner Corporation
- ARC Financial Corporation
- Arcurve Inc
- Ashworth General Contracting Ltd.
- Associated Engineering
- Bantrel Co.
- Barjac Construction Management Inc.
- BARR Engineering and Environmental Science Canada Ltd.
- Best Service Pros Ltd.
- Bonavista Energy Corporation
- Brad Remington Homes 2010 Inc.
- Calgary Fasteners & Tools Ltd.
- Calgary Hitmen
- Calgary Parking Authority
- Canadian Pacific
- Canon Canada Inc.
- CBRE Limited
- Cedarglen Living Inc.
- CIBC
- Computershare
- ConocoPhillips
- Dell Technologies
- Dental Corp Canada
- DIALOG Design
- Double R Building Products Ltd.
- Ecclesiastical Insurance Office
- EDC Associates Ltd.
- Eisan Consulting Inc.
- Ellergodt Design Inc.
- Energy Technical Resources Inc.
- Engineered Air - Resman Community Services
- Enterprise Holdings Foundation
- Envent Engineering Ltd.



- Equilibrium Environmental Inc.
- Essential Energy Services
- Every Day Off Inc.
- Fidelity Investments Canada ULC
- Field Law
- Fluor Canada Ltd.
- Funday Agency Ltd.
- FYidoctors
- Getty Images, Inc.
- Gibson Energy ULC
- Grandscape Homes
- Green Shield Canada
- H2Safety Services Inc.
- Hewlett Packard Enterprise Foundation
- Hopewell Group of Companies
- Howard J. Marcotte Professional Corp.
- IBM Employees Charitable Fund
- Infocus Accountants LLP
- InnoTech Engineering Inc.
- Intact Foundation
- Ironwood Building Corp
- JKF Dergousoff Professional Corp
- KANATA Energy Group Ltd.
- Karen Anthony Consulting Inc.
- Kelt Exploration Ltd.
- King's Flooring Solutions A Division of Remnant King Inc.
- Leara eLearning Inc.
- Lenegy Resources Inc.
- Lil Empire Burger
- Longshore Resources
- Lukes Drug Stores Ltd.
- Mackenzie Investments
- Maunders McNeil Foundation Inc.
- McElhanney Ltd.
- McKinsey & Company
- Morrison Homes
- MRL Integrated Solutions Ltd.
- National Bank
- Nova Chemicals Corporation
- Nutrien Ltd.
- OnSwitch Patent Strategies
- Ozlo Industries Inc.
- P K Blustein Prof Corp
- Pacesetter Equipment Ltd.
- Parkland Fuel Corporation
- PASS Ltd.
- PCL Construction Management Inc.
- Penske Truck Leasing
- Persimmon Contracting Ltd.
- Picton Mahoney Asset Management
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- Priya Patel Professional Corp
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- QV Investors Inc.

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- Teine Energy Ltd.
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- The AME Consulting Group Ltd.
- The Winston Golf Club Ltd.
- Trimac Transportation
- U Group Consulting Inc.

- KSBK Charitable Foundation
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- The Greene Family Charitable Foundation
- The Rimell Family Foundation
- Tsang Family
- William S Herron Family Charitable Foundation

- Richard Tatham
- Rickbeil Family Fund at Calgary Foundation
- Ross-Lynn Charitable Foundation
- Slutker Foundation
- Starland Foundation
- The Community Opportunity Foundation of Alberta
- The Emissary Society of Alberta
- The Jackson Family Foundation
- The Ken and Roma Lett Foundation
- The Tenaquip Foundation
- Totem Charitable Foundation
- Trent Boehm

## SILVER \$10,000 – \$24,999

- Alex & Wendy Campbell Flow Through Fund at Calgary Foundation
- Andrew Jackson
- Cause To Smile Foundation
- Coffey Family Fund at Calgary Foundation
- Crist Family Fund
- David Spence
- Diane and Daryl Howard Charitable Foundation
- Enbridge Calgary Employees Club
- Estate of Michael Monticello
- Estate of Suzanne Byrl Gibson
- Fred Kuipers
- Gail and Hector McFadyen
- Gary Jackson
- Gerald A. and Beverly Berkhold/ Berkhold Family Foundation
- Gordon and Jill Rawlinson
- In memory of Mark Donnelly
- J. Crawford Smith and Margaret Bawden
- James Evans
- Jaye and Nancy Selin
- Jim and Joan Benedict
- John Wilmot
- Kaiser Foss Foundation
- Kelly and Tony Woolf
- Kevin Swan
- Kim Kelly
- Lighthouse Group Foundation
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- Lois Jeanette Grant Memorial Fund at Calgary Foundation
- Marilyn and Andrew Jackson
- Marilyn Withage
- Mary Jane and Robert L. Swinn
- Michael and D. Jane Evans
- Parminder Thiara
- Patti & Jerry D'Arcy Legacy Fund at Calgary Foundation
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- Peter and Janice MacKinnon
- Peter and L. Adele McKeen
- Richard and Cathy Bird

## BRONZE \$5,000 – \$9,999

- 100 Men Who Give A Damn Society of Alberta
- Agnes Lau
- Andison Family Foundation Inc.
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- Annie Freeze
- Benefaction Foundation
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- Beverly MacLeod Family Fund at Calgary Foundation
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- Evelyn and Alan Reimer
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- MCG Career College Inc.
- Megan L. Cornhill
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- Missy and Francisco - The Rocky Bags
- Norrep Foundation
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- Peter Johnson
- Philip Black
- Pyke Family Fund at Calgary Foundation
- R. Gary & Shirley Edwards Fund at Calgary Foundation

## INDIVIDUALS, FAMILIES & GROUPS

### PLATINUM \$50,000 +

- Ernie and Elizabeth Pucci
- Estate of Randy O'Dell
- Kevin and Michelle Screpnechuk
- Norris Family Foundation
- P.E.A.R.L. Foundation
- Rance and Marilyn Fisher Family Charitable Foundation
- The Donkervliet Foundation

### GOLD \$25,000 – \$49,999

- Barry Barrett Foundation
- Co-op Community Foundation
- Debbie Davidson Foundation
- Estate of Jean Caroline Lockhart
- Gary Nissen
- Horne Family Charitable Fund (Two) at Calgary Foundation

- Robert Jacobucci
- Scott Haggins
- Sharon J. West
- Sharon Suds
- Tate Pinder
- The Alberta Knights of Columbus Charitable Foundation
- The Barr Family Foundation
- The Donald & Eleanor Seaman Family
- The Hotchkiss Family Foundation
- The Hylcan Foundation
- The McWilliams Family Foundation
- The Welty Family Foundation
- Tracey Manerikar
- Vivek Cheba
- Werklund Foundation

## DONORS \$1,000 – \$4,999

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- Ambi Ray
- Amreesh Khanna
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- Andrew and Susanne Heaton
- Andrew Gazso
- Andrew Wiswell
- Andy and Mary-Anne Znotins
- Angela Corsi
- Anne Dundas
- Anne Plasterer
- Anthony and Elizabeth Fricke
- Anthony Leong
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- Bowness Lions Club
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- Brenda and Brian Lenzin

- Brent Mac'Kay
- Brett and Catriona Chorney
- Brett Code
- Brian Argue
- Brian Nelson
- Brittany Warren
- Bruce Robertson
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- Cam Weston
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- Cory Robinson
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- Craig Elder
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- Daniel Collins
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- Deborah Owens
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- Dr. Francine Michaud
- Dr. James and Dr. Ada Hyne
- Dr. James McGhee
- Dr. Janice L. Pasioka Foundation
- Dragonheart Foundation
- Duane Rae
- Earl McKinnon
- Easan Sinnathamby
- Ed & Theresa Jang Charitable Fund
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- Jason Cabaj
- Jason Enns
- Jason McGonigal
- Jay Gohill
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- Jean Yee
- Jean-Paul De Poyen
- Jennifer Bayes
- Jennifer Blair
- Jennifer Brusse
- Jennifer Tozser
- Jeremy Clark
- Jerry Richardson
- Jim Evans
- Joan A. Dennis
- Joan Summers
- Joanne Guimond
- Joanne M. Schaefer
- Joanne Whidden
- Joe Horler
- Joe Scalise
- Joelyn Papineau

- John and Brenda Baker
- John and Elaine Reitmeier
- John and Mariette VanWees Fund at Calgary Foundation
- John D. and Gayle Rooke
- John Hemstock and Suzanne Journault-Hemstock
- John Lavorato
- John M H Lui
- John McWilliams
- John Mortimer
- John Schmidt
- John VanWees
- John Weinmayr
- Jolene Jensen
- Joy A. Brown
- Justine Lalicon
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- Karen Hall
- Karen Keck
- Katherine Kurceba
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- Kathy and David Aaron
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- Lee Poscente
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- Les Siemieniuk
- Liane and George Stevenson
- Lillian Wong and Erwin Lonneberg
- Linda and Hart Abercrombie
- Linda Butcher
- Linda Hames
- Linda J. Payne
- Lions Club of Bearspaw
- Liya Mathew
- Loralie Johnson
- Lorne Siebert
- Louann O’Dwyer
- Louis Riel School
- Louise Glin
- Lousie & Edmund Aboussafy Fund
- Lucille Stambaugh
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- Lynda Workman
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- Lynn I. Boettger
- Lynn Wright
- Magdalena Bytnar
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- YYC Hope Givers

**Thank you  
to the many  
other individuals,  
businesses and  
organizations for  
their support and  
donations in the  
past year.**

# ways you can take a stand against family violence & abuse

Everyone can do their part to help prevent family violence and abuse, and support individuals and families in our community.

## seek help

hope and safety

## learn more

about family violence and abuse

## help

someone you know or think is being abused

## speak up

and start the conversation about family violence and abuse

## participate

in community engagement opportunities and events

## contribute today

donate and/or volunteer

**For more information about ways you can help:  
[calgarywomensshelter.com](http://calgarywomensshelter.com).**





# contact us

## 24-HOUR FAMILY VIOLENCE HELPLINE

phone: (403) 234-SAFE (7233)

text: (403) 604-6689

email: [help@cwes.ca](mailto:help@cwes.ca)

administration: (403) 290-1552

general email: [info@cwes.ca](mailto:info@cwes.ca)

donations line: (403) 539-5130

## MEN'S COUNSELLING SERVICE

phone: (403) 299-9680

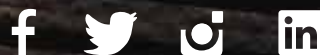
[www.mcscalgary.com](http://www.mcscalgary.com)

## MEN & ONLINE RESOURCE

men's helpline: 1-833-327-MENS (6367)

[www.menand.ca](http://www.menand.ca)

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**take a stand  
against family  
violence & abuse**

